

Personal Learning Experiences

ED 504

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DUE: 9 October 2019

The purpose of this assignment is to apply theoretical principles of learning to your personal learning history. Consider how you learned something – anything – based on each of the principles of learning listed below. For each type of learning, explain:

- A) What you learned (1 point per type of learning)
- B) How you learned it (1 point per type of learning)
- C) How your learning experience illustrates that type of learning. (2 points per type of learning)

Note that if you describe something that was used as an example in class, your points will be reduced. The point of this assignment is for you to go beyond what was discussed in class by identifying examples from your own personal history.

Present your personal learning experiences under each of the headers below.

- 1. Classical Conditioning
- 2. Operant Conditioning (Positive Reinforcement, Negative Reinforcement, Positive Punishment, OR Negative Punishment)
- 3. Observational Learning
- 4. Vicarious Reinforcement